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FULL LIST OF CLUB OFFERINGS

Art Club
Athletes Helping Athletes
Band (Marching/Pep)
Best Buddies
Black Girl Magic Club
Bowling Club
Boxing Club
Carpentry Club
Chess Club
Chorus
Class Government
Cooking Club
Environmental Club
E-Sports Club
Fashion Club
Gay/Straight Alliance
Human Rights Girl
Learn International
Jazz Ensemble
Key Club
Latino Cultural Club
Library Service Club
Mariners Patriot Club
Math Team
Mock Trial Team

MOSH/VOSH
National Honor Society
Natural Helpers
Outing Club
PAL
Parrish Art Collaborative
Retreat Team Leadership
Project
Robotics Club
Rotary Interact
SADD Club
SAVE Promise Club
SHS Musical
Social Justice Club
Special Olympics
Stage Crew
Student Council
Symphony Orchestra
Teachers of Tomorrow
Varsity Club
VOSH
World Language Club
World Language
National Honor Society



SOCIAL JUSTICE CLUB

- **Advisor:** Parveen Keynejad
- **About the Club:** The club is a place for open-minded discussion and a platform for students to discuss the community's needs and what they can do to help.
- **Why This Club is Important:** It will provide students with a safe place of learning and advocacy.
- **Club Plans for the 2023-24 School Year:** Students plan to focus on the Southampton community and finding ways to create acceptance, education and kindness regarding matters that have to do with socioeconomic disparities, racism, sexism and homophobia.

COOKING CLUB

- **Advisor:** Sarah Fitzsimons
- **About the Club:** The Cooking Club is a community service club where students make items to sell in our school store, which is run by the school's Life Skills students.
- **Why This Club is Important:** Students have the opportunity to connect with Life Skills students to prepare delicious, healthy snacks to sell at the school.
- **Club Plans for the 2023-24 School Year:** Continue to make items to sell in the school store, which will raise funds to support activities for Life Skills students.

The Anchor

SOUTHAMPTON SCHOOL DISTRICT NEWSLETTER

FALL 2023



Beyond The Bell

Enhancing Student Experiences Through Clubs

After-school experiences such as clubs are vital to students' learning journeys and have been the subject of many academic studies.

"Research has consistently highlighted various benefits for students," said Dr. Nicholas Dyno, superintendent of schools.

Some of the key research findings of students participating in after-school clubs include:

- Academic support.
- Development of 21st-century skills, including critical thinking, problem-solving, creativity and communication skills.
- Enhanced social and emotional development.
- Exploration of interests and career paths.
- Higher graduation rates.
- Increased motivation.
- Increased school engagement.
- Improved academic performance.
- Opportunities for leadership and skill development.
- Reduction in risky behaviors.

Consistent with these findings, the Southampton School District is committed to providing students

with learning experiences outside of the traditional classroom by offering a wide variety of after-school clubs at each of its schools.

"The goal is to provide less formal learning and leadership opportunities for our students," said Dr. Dyno.

Southampton High School alone boasts over 40 clubs that are overseen by dedicated staff. Each year, the school adds new clubs at the request of students and based on need.

"We aim to ensure that students can participate in clubs that suit their interests as well as expand their horizons," said Dr. Dyno.

Through the clubs, students increase their opportunities to acquire new or strengthen current skills, bond with their peers, explore areas inside and outside of Southampton through field trips and participate in community service.

This school year, we will highlight elementary, intermediate and high school clubs through the Anchor publication. This edition will focus exclusively on our high school offerings.



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WORLD LANGUAGE CLUB

- **Advisor:** Maria Teresa Abbadessa and Sarah Trujillo-Underhill
- **About the Club:** The club promotes, recognizes and celebrates the diversity of all the languages and cultures represented in Southampton High School's student body, curriculum and community.
- **Why This Club is Important:** It is open to all students with interest, enthusiasm and responsibility toward the diversity of languages and cultures in our school and community.
- **Club Plans for the 2023-24 School Year:** Club members will be better equipped to navigate the academic and social expectations of the broader community by cultivating a communicative skill that facilitates understanding among our diverse language speakers.

CARPENTRY CLUB

- **Advisor:** Benny Diaz
- **About the Club:** The Carpentry Club is a community-based club where students can use the skills they've learned in carpentry to build various projects.
- **Why This Club is Important:** It allows students to be creative, use power tools and build a variety of projects.
- **Club Plans for the 2023-24 School Year:** Students will work to build a community free pantry for the intermediate school. The pantry will serve as a place where anyone in the community can get food without question. The club plans to collaborate with the Art Club to paint the pantry and with the Key Club to garner food donations for it.

E-SPORTS

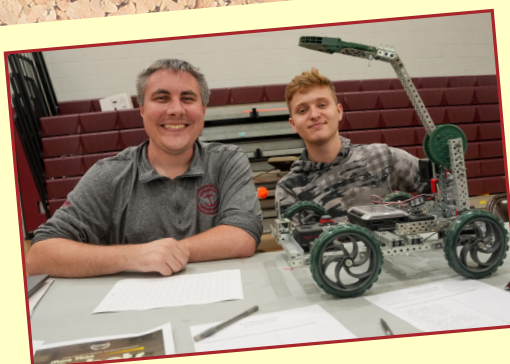
- **Advisor:** Michael Brocki
- **About the Club:** E-Sports is a diversified, inclusive club. Some students compete in a nationwide league, while others just come to hang out and have fun on Tuesdays after school for an hour.
- **Why This Club is Important:** The club helps bridge gaps between racial, social and economic differences in our school and offers students a different outlet to represent Southampton in competitive e-sports.
- **Club Plans for the 2023-24 School Year:** Students plan to host a few tournaments working with outside community leaders.

BOXING CLUB

- **Advisor:** Christopher DeRosa and Vanessa Lopez
- **About the Club:** The club focuses on health with a combination of physical, social and mental/emotional well-being. Students work at Hillstreet and work with trainers on workouts, punches and defense.
- **Why This Club is Important:** Boxing is a great coping skill for when students are feeling angry or frustrated and need to blow off some steam. It also provides a high-intensity workout and brings students from various backgrounds.
- **Club Plans for the 2023-24 School Year:** The club's goal this year is to build on what was started last year. It plans to be active during Mental Health Awareness Month by having members create self-care kits, write positive messages on the bathroom mirrors and engage in new activities to remove the stigma associated with mental health.

ROBOTICS CLUB

- **Advisor:** Andrew Rapiejko and Eric Pflug
- **About the Club:** In their first year as a FIRST Robotics team, the club engages students in exciting, mentor-based research and robotics programs that help them become science and technology leaders, as well as well-rounded contributors to society.
- **Why This Club is Important:** It serves to transform our culture by creating a world where science and technology are celebrated and young people dream of becoming science and technology leaders.
- **Club Plans for the 2023-24 School Year:** The club plans to begin the creation process of a FIRST Robotics team with the goal of eventually competing in the FIRST Robotics Competition, the world's leading youth-serving nonprofit advancing STEM education.



FASHION CLUB

- **Advisor:** Parveen Keynejad
- **About the Club:** This club provides students with an opportunity to design and play with clothes and explore the artistic side of fashion.
- **Why This Club is Important:** It provides for self-discovery and creative experimentation.
- **Club Plans for the 2023-24 School Year:** The club plans to conduct clothing swaps and possibly a fashion show along with Best Buddies Club members and the community.



OUTING CLUB

- **Advisor:** Maria Teresa Abbadessa
- **About the Club:** The Outing Club is a group of enthusiastic young adults who enjoy the outdoors. Throughout the year, the members of this club engage in trips to the beach, to the mountains for skiing, and to the trails for hiking or biking depending on members' interests and availability.
- **Why This Club is Important:** The Outing Club thrives on a love for the outdoors, care for our beautiful environment and curiosity to learn new skills. It also promotes safety.
- **Club Plans for the 2023-24 School Year:** Students will earn CPR and lifeguard certifications, participate in an overnight ski trip and perform community service for outdoor activities.

ROTARY INTERACT CLUB

- **Advisor:** Sarah Fitzsimons
- **About the Club:** This is a community service club that helps students to develop leadership skills.
- **Why This Club is Important:** It allows students to participate in a variety of community service opportunities.
- **Club Plans for the 2023-24 School Year:** The club plans to fundraise for local charities, feed the homeless, pack food for the needy and support our community in many other ways that arise during the school year.

TEACHERS OF TOMORROW

- **Advisor:** Rachael Smith
- **About the Club:** This is a club for students who are interested in pursuing a career in education. It will create an atmosphere that will nurture students' desire to teach and inspire the next generation of artists, teachers and leaders.
- **Why This Club is Important:** It fosters interest, understanding and appreciation for the teaching profession and allows students to explore careers in education with the opportunity to come back to Southampton and work in the community that they grew up in.
- **Club Plans for the 2023-24 School Year:** The club plans to offer child care at some school events to provide hands-on experiences.



SADD CLUB

(Students Against Destructive Decisions)

- **Advisor:** Joseph Messina
- **About the Club:** SADD explores safe and responsible ways to navigate through potentially tough and risky decisions throughout high school. Topics of discussions include vaping, underage drinking, drugs and peer pressure.
- **Why This Club is Important:** It provides students with an opportunity to engage with peers and become active members of the school community.
- **Club Plans for the 2023-24 School Year:** Students will organize fundraisers and spirit weeks and participate in a SAFE driving simulator with the Suffolk Sheriff's Office. They will also become leaders in the school to bring awareness to the dangers of destructive decisions for high school students.